

## Internationale Notruf-Frequenzen gem. Bandplan IARU Reg. 1

Band	Frequenzbereich
160m	1,873 MHz LSB
80m	3,760 MHz LSB / IARU
40m	7,110 MHz LSB / IARU
30m	10,138 MHz USB / IARU
20m	14,300 MHz USB / IARU
17m	18,160 MHz USB / IARU
15m	21,360 MHz USB / IARU
2m	144,260 MHz USB / 145,500 MHz FM
70cm	434,000 MHz FM.

[Frequenzen und Bandpläne \(uska.ch\)](#)